

High-Protein Tortillas



INGREDIENTS:

- 2 eggs
- 1 cup coconut milk (full fat)
- 3 tbsp coconut flour
- 1/4 cup CHIKPRO™
- 1/4 tsp sea salt
- 3/4 cup tapioca flour
- 1 tbsp olive oil

DIRECTIONS:

1. In a mixing bowl, combine wet ingredients.
2. In a separate bowl, combine dry ingredients.
3. Pour wet ingredients into dry ingredients bowl and whisk.
4. Heat lightly oiled 10" non-stick pan on medium-low.
5. Pour 1/3 cup of batter into center of pan (about a 6" circle).
6. Cook until bottom is lightly browned (2-3 minutes).
7. Flip and cook until fully browned (1 to 1 1/2 minutes).
8. Add toppings as desired.

